January 11 – January 17, 2026

	SUNDAY 11	MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16	SATURDAY 17
BREAKFAST	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT
LUNCH	CHICKEN CORDON-BLEU YUKON MASHED GRAVY GARLIC BUTTER CHALET COCONUT CREAM PIE ALTERNATE ITEMS: BBQ MEATBALLS CARROTS ANYTIME MENU OPTION	OPEN FACE HOT - TURKEY SANDWICH GRAVY ROASTED VEGETABLES W/ QUINOA TIRAMISU ALTERNATE ITEMS: FISH BEETS ANYTIME MENU OPTION	*HM TWICE BAKED - CHICKEN BREAST MASHED POTATOES NANTUCKET VEG. BREAD PUDDING W/LEMON SAUCE ALTERNATE ITEMS: SALSBURY STEAK CARROTS ANYTIME MENU OPTION	*HM SCALLOPED POTATOES & HAM GREEN BEANS CHERRY CREAM DESSERT ALTERNATE ITEMS: PORK TENDERKNIT WAX BEAN ANYTIME MENU OPTION	*HM SPAGHETTI - with MEAT SAUCE SICILIAN BLEND GARLIC BREAD CHOCOLATE PEANUT BUTTER CAKE ROLL ALTERNATE ITEMS: CABBAGE ROLLS LIMA BEANS ANYTIME MENU OPTION	UNBREADED PERCH FILET TARTAR SAUCE LEMON SLICE SWT POTATO & ROOT VEGETABLES ICE CREAM TWIX BAR ALTERNATE ITEMS: MEATLOAF PATTY YAMS ANYTIME MENU OPTION	BRATS ON A BUN RELISHES CUCUMBER ONION SALAD BAKED BEANS PINEAPPLE UPSIDE DOWN CAKE ALTERNATE ITEMS: BREADED CHX PATTY ON BUN RED CABBAGE ANYTIME MENU OPTION
DINNER	CREAMED CHIPPED BEEF – OVER BISCUIT GREEN BEANS BLUSHING PEARS ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM MACARONI & CHEESE ½ SALAMI SANDWICH MIXED VEGETABLES FRUITED JELLO ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	ITALIAN BEEF SANDWICH W/ AU JUS POTATO WEDGES DILL PICKLE SPEAR SMORES PUDDING ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM CREAMY WHITE-CHICKEN CHILI CRACKERS BUTTERED-CROISSANT TROPICAL FRUIT ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM CHEESEY BROCCOLI SOUP CRACKERS CHICKEN SALAD ON WHEAT BERRY BREAD SHERBERT ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	CHICKEN TENDERS BBQ SAUCE POTATO WEDGES BUTTERSCOTCH-MOUSSE ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	TURKEY SALAD - SANDWICH ROTINI PASTA SALAD STRAWBERRY CHEESE CAKE FLUFF ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION

MENU SUBJECT TO CHANGE   *HM = HOMEMADE   AVERAGE DAILY MENU: 2-4gm SODIUM/DAY   45-60gm CARB/MEAL