



## SKAALEN THERAPY AND WELLNESS CENTER

*Workout plans are tailored to meet your specific interests and needs.*

### WELLNESS CENTER

Independent Members Monday through Friday 8:00 a.m. – 4:00 p.m.

#### Campus Residents

Individual	\$40.00
■ Up to 4 classes per month	\$20.00
Assisted Members Monday through Friday by Appointment	\$45.00
■ Up to 4 classes per month	\$20.00

#### Non-Campus Residents

Individual	\$45.00
Assisted Members Monday through Friday By Appointment	\$50.00

**For more information on the above services,  
please call the Skaalen Therapy & Wellness Center  
at 608.873.5651, extension 7376.**

*Prices subject to change*

**400 North Morris Street Stoughton, Wisconsin 53589  
608.873.5651 • [www.skaalen.com](http://www.skaalen.com)**