

April 14 — April 20, 2024

				100	NO.		The second second	The second of th
ı		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	B R E A K F A S T	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT
	LUNCH	SALISBURY STEAK W/BOURBON SAUCE PARSLEY POTATOES ITALIAN VEG. BANANA CREAM PIE	HONEY MUSTARD- CHICKEN RICE PILAF PEAS & CARROTS CHERRY CHEESECAKE	COUNTRY FRIED- STEAK MASHED POTATOES COUNTRY GRAVY BUTTERED CORN LEMON BAR	ENCHILADA- CRISPITO LETTUCE & TOMATO SOUR CREAM REFRIED BEANS SPANISH RICE HONEY BUN COFFEE- CAKE	MEATLOAF BAKED POTATO SOUR CREAM GREEN BEANS BLACK FOREST CAKE	BREADED COD SCROD TARTAR SAUCE LEMON SLICE AUGRATIN POTATOES BEAN MEDLEY CREAMY COLESLAW PB RICE KRISPIE BAR	BBQ COUNTRY RIBS GARLIC MASHED CREAMED PEAS ICE CREAM BAR
١		ALTERNATE ITEMS: CHICKEN PEAS ANYTIME MENU OPTION	ALTERNATE ITEMS: FISH YAMS ANYTIME MENU OPTION	ALTERNATE ITEMS: STUFFED PEPPERS BEETS ANYTIME MENU OPTION	ALTERNATE ITEMS: VEG LASAGNA PEAS ANYTIME MENU OPTION	ALTERNATE ITEMS: PORK WAX BEANS ANYTIME MENU OPTION	ALTERNATE ITEMS: SALISBURY PATTY CARROTS ANYTIME MENU OPTION	ALTERNATE ITEMS: CABBAGE ROLLS BAKED BEANS ANYTIME MENU OPTION
	D I N	*HM BACON MAC & CHEESE GREEN BEANS PEACH CREAM- DESSERT	*HM CHICKEN CHILI CRACKERS EGG SALAD- SANDWICH PUMPKIN MOUSSE	HOT DOG ON A BUN RELISHES SWEET POTATO FRY MANDARIN ORANGES	*HM TATOR TOT- CASSEROLE CRANBERRY MUFFIN CINNAMON- APPLESAUCE	*HM TUNA NOODLE CASSEROLE W/PEAS DINNER ROLL CHOC MARBLE- ICE CREAM CUP	GRILLED HAM & PROVOLONE CHEESE- SANDWICH POTATO CHIPS BEAN SALAD FRUITED JELLO	CHICKEN POT PIE- OVER BISCUIT CRANBERRY RELISH BLUSHING PEARS
	E R	ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION

MENU SUBJECT TO CHANGE

*HM: HOMEMADE

AVERAGE DAILY MENU: 2-4 gm SODIUM/DAY 45-60 gm CARBS/MEAL