



January 12 – January 18, 2025

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT
L U N C H	CHICKEN CORDON - BLEU MASHED POTATOES GRAVY BUTTERED CORN BOSTON CREAM PIE <u>ALTERNATE ITEMS:</u> MEATBALLS CARROTS ANYTIME MENU OPTION	*HM BEEF VEG STEW COTTAGE CHEESE WITH PINEAPPLE BUTTER BISCUIT CAKE ROLL <u>ALTERNATE ITEMS:</u> FISH PEAS ANYTIME MENU OPTION	*HM PARMESEAN - CHICKEN BREAST RICE PILAF PEAS & CARROTS FROSTED APPLE- TURNOVER <u>ALTERNATE ITEMS:</u> VEGETABLE LASAGNA BEETS ANYTIME MENU OPTION	BEEF BURRITO SALSA, SOUR CREAM SPANISH RICE REFRIED BEANS PEACH COBBLER WITH WHIP TOPPING <u>ALTERNATE ITEMS:</u> PORK CARROTS ANYTIME MENU OPTION	MOLASSES GLAZED- HAM ROASTED SWEET - POTATOES ZUCCHINI SQUASH LEMON CHEESECAKE- BAR <u>ALTERNATE ITEMS:</u> CABBAGE ROLL CARROTS ANYTIME MENU OPTION	LEMON PEPPER - TILAPIA TARTAR SAUCE POTATO MEDLEY VEGETABLE BLEND BERRY POUND CAKE <u>ALTERNATE ITEMS:</u> SALISBURY PATTY LIMA BEANS ANYTIME MENU OPTION	*HM SWEDISH- MEATBALLS MASHED POTATOES CASCADE VEG CHERRY CREAM <u>ALTERNATE ITEMS:</u> CHICKEN RED CABBAGE ANYTIME MENU OPTION
D I N N E R	BBQ SHREDDED - BEEF ON BUN PASTA SALAD SLICED PEACHES <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM CREAMY - BROCCOLI SOUP CRACKERS TUNA SALAD - SANDWICH GRAPES <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM CREAMY- TOMATO BISQUE CRACKERS GRILLED CHEESE- SANDWICH FRUIT COCKTAIL <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	HOT DOG ON A BUN RELISHES BAKED BEANS POTATO CHIPS ORANGE BLOSSOM <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM STRAWBERRY- FRENCH TOAST BAKE SYRUP SAUSAGE PATTY ORANGE SLICE YOGURT PARFAIT <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM BEEF CHILI MAC CORNBREAD FRUITED JELLO CUP <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	TURKEY & CHEDDAR on CROISSANT with CRANBERRY MAYO POTATO CHIPS SWEET PICKLES CHOCOLATE ICE CRM <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION

MENU SUBJECT TO CHANGE

*HM = HOMEMADE

AVERAGE DAILY MENU: 2-4gm SODIUM/DAY

45-60gm CARB/MEAL