



SKAALLEN THERAPY AND WELLNESS CENTER

Skaalen can help you get better faster!

Workout plans are tailored to meet your specific interests and needs.

WELLNESS CENTER

Independent Members Monday through Friday 8:00 a.m. – 4:00 p.m.

Campus Residents

Individual	\$42.00
Assisted Members Up to 2 days per week Monday through Friday by Appointment	\$47.00
Assisted Members Up to 3 days per week Monday through Friday by Appointment	\$53.00
Up to 4 add-on classes per month (In addition to membership)	\$21.00

Non-Campus Residents

Individual	\$47.00
Assisted Members Up to 2 days per week Monday through Friday By Appointment	\$53.00
Assisted Members Up to 3 days per week Monday through Friday By Appointment	\$57.00
Up to 4 classes per month	\$26.00

**For more information on the above services,
please call the Skaalen Therapy & Wellness Center at 608.873.5651, extension 7376.**

Prices subject to change

**400 North Morris Street Stoughton, Wisconsin 53589
608.873.5651 • www.skaalen.com**



SKAALEN WARM WATER THERAPY POOL

Open Swim

Monday through Friday

8:00 a.m. – 10:00 a.m. & 2:00 p.m. - 4:00 p.m.

Campus Residents

Daily Pool Pass	\$5.25
Ten Sessions	\$47.00
Unlimited Monthly Pool Pass	\$53.00

Non-Campus Residents

Daily	\$7.50
Ten Sessions	\$68.00
Unlimited Monthly Pool Pass	\$74.00

Instructor-led Aquatics Aerobic Class – Beginning December 2

Tuesday & Friday

11:15 p.m. – 12:00 p.m.

Aquatic Aerobic Class (per session)	\$10.00
-------------------------------------	---------

**For more information on any of the above services,
please call the Skaalen Therapy & Wellness Center at 608.873.5651, extension 7376.**

Prices subject to change

**400 North Morris Street Stoughton, Wisconsin 53589
608.873.5651 • www.skaalen.com**