

**Skaalen Nursing and Rehabilitation
Admission Checklist
(Things that need to come with you on the first day)**

1. Identification & Documents

- Social Security card (or copy)
- Medicare, Medicare D, Medicaid, and/or insurance cards
- Advance directives (living will, financial POA, healthcare POA)
- Legal documents (Guardianship, etc.)
- Emergency contact list (Including Name, Address, and Phone)

2. Clothing – (At Least 3 Outfits) We will label them for you.

- Comfortable daywear (shirts, pants, sweaters)
- Pajamas/nightgown & robe
- Non-skid socks & slippers
- Supportive shoes
- Undergarments
- Jacket

3. Personal Care Items

- Hairbrush/comb (if you prefer something specific)
- Shampoo/conditioner (if you prefer something specific)
- Deodorant (if you prefer something specific)
- Lotion/skin cream (if you prefer something specific)
- Lip balm (if you prefer something specific)
- Electric razor (if preferred over a disposable razor)
- Makeup/grooming supplies

4. Comfort & Personal Items

- Blanket or throw from home (if you wish)
- Family photos (if you wish)
- Glasses, hearing aids, dentures (with cases if you have one)

- Books, magazines, puzzle books, playing cards, etc if you wish
- Cell phone/tablet + charger (if you have one)
- Headphones or small radio (if you wish)

5. Medical Items

- CPAP or BiPAP machine (with tubing/mask)

6. Optional Financial Items

- Small amount of cash for incidentals if you wish
- Checkbook (if needed)
- If private pay bring payment for first 2 weeks of your stay
- DO NOT BRING YOUR EXPENSIVE JEWELRY OR EXPENSIVE PERSONAL BELONGINGS

- Notes:

- Consider in advance and let the facility know what your transportation needs will be to appointments, etc. We always encourage families to take their loved ones to their appointments but we do have transportation available should the need for it arise.

- Bring a listing of ALL upcoming scheduled appointments that you have already made.

- Please let us know who your preferred physician is.

- If you are coming into the facility as private pay, you must pay the first two weeks on the day of admission. You must stop at the reception desk with the check or money order for the first two weeks private pay BEFORE you go to your room upon day of Admission.

PLEASE NOTE THAT YOU OR YOUR REPRESENTATIVE MUST SIGN AN AGREEMENT FOR ADMISSION TO SKAALLEN AND TO ALLOW FOR US TO GIVE THE CARES THAT WE NEED. THIS SIGNATURE IS REQUIRED ON THE DAY OF ADMISSION.