



July 12th – July 18th, 2026

	SUNDAY 12 TH	MONDAY 13 TH	TUESDAY 14 TH	WEDNESDAY 15 TH	THURSDAY 16 TH	FRIDAY 17 TH	SATURDAY 18 TH
B R E A K F A S T	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT
L U N C H	COUNTRY FRIED STEAK MASHED POTATO W/ COUNTRY GRAVY BUTTERED CORN PEACH PIE <u>ALTERNATE ITEMS:</u> SALISNURY STEAK YAMS ANYTIME MENU OPTION	CHILI CHEESE DOG POPPY SEED BUN FRENCH FRIES BAKED BEANS CHOCO-CHEERIO BAR <u>ALTERNATE ITEMS:</u> FISH BABY BEETS ANYTIME MENU OPTION	*HM CHICKEN SALAD ON LETTUCE BED *HM MACARONI SALAD - CROISSANT CHEESE CUBES HONEY BUN COFFEE CAKE <u>ALTERNATE ITEMS:</u> STUFFED PEPPER CARROTS ANYTIME MENU OPTION	REUBEN SANDWICH STEAK FRIES 3 BEAN SALAD FRESH FRUIT APPLE SNICKER SALAD <u>ALTERNATE ITEMS:</u> BEEF TENDERKNIT RED CABBAGE ANYTIME MENU OPTION	*HM MEATLOAF MASHED POTATO GRAVY PARMESEAN BRUSSEL SPROUT LEMON BARS <u>ALTERNATE ITEMS:</u> GRILLED CHICKEN STEWED TOMATOES ANYTIME MENU OPTION	CRAB CAKES TARTAR SAUCE LEMON SLICE DILL RED POTATO ROASTED ASPARGUS STRAW.CHEESECAKE <u>ALTERNATE ITEMS:</u> MACARONI & BEEF PEAS ANYTIME MENU OPTION	*HM CREAMY PESTO- CHICKEN TORTELLINI SAUTEED SPINACH WITH GARLIC BREADSTICK BLUEBERRY DESSERT <u>ALTERNATE ITEMS:</u> MEATBALLS W/ MARINARA MIX VEG ANYTIME MENU OPTION
D I N N E R	SLOPPY JOE ON BUN TATOR TOTS PICKLE SLICES RICE KRISPIE SQUARE <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM TOMATO FLORENTINE SOUP GRILLED TURKEY/ COLBY JACK ON SOURDOUGH CHERRY CREAM <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM SCALLOPED POTATOES & HAM BUTTERED PEAS SNICKERDOODLE- COOKIE* <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM CHICKEN DUMPLING SOUP BUTTERMILK- BISCUIT ICE CREAM CUP <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	DELI CLUB SANDWICH CHEDDAR CHIPS SUGARED MINI DONUTS <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM MINESTRONE SOUP GARDEN COTTAGE CHZ RAINBOW SHERBERT <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM MAC AND CHEESE PULLED PORK GREEN BEANS BUTTERSCOTCH PUDDING <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION

MENU SUBJECT TO CHANGE

*HM: HOMEMADE

AVERAGE DAILY MENU: 2-4 gm SODIUM/DAY 45-60 gm CARBS/MEAL