

July 19th – July 25th, 2026

	SUNDAY 19 TH	MONDAY 20 TH	TUESDAY 21 ST	WEDNESDAY 22 ND	THURSDAY 23 RD	FRIDAY 24 TH	SATURDAY 25 TH
B R E A K F A S T	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT
L U N C H	DRUMSTICKS GARLIC MASH POULTRY GRAVY CARROTS PUMKIN PIE <u>ALTERNATE ITEMS:</u> PORK TENDERKNIT LIMA BEANS ANYTIME MENU OPTION	BBQ PORK RIB ROASTED ROSEMARY POTATOS BUTTERED PEAS DINNER ROLL STRUDEL BITES <u>ALTERNATE ITEMS:</u> SALISBURY STEAK CABBAGE ANYTIME MENU OPTION	TACO TUESDAY (BEEF) SHRED-LETTUCE CHEESE ROASTED CORN FROSTED RAINBOW BROWNIE <u>ALTERNATE ITEMS:</u> BAKED FISH GREEN BEANS ANYTIME MENU OPTION	CHICKEN CHOP SUEY W/ VEGETABLES STEAMED RICE EGG ROLL BANANA CHEESECAKE <u>ALTERNATE ITEMS:</u> PORK RIB WAX BEANS ANYTIME MENU OPTION	HERB ROASTED PORK CORNBREAD STUFFING CHEESY BROCCOLI JELLO DELIGHT <u>ALTERNATE ITEMS:</u> CABBAGE ROLL BAKED BEANS ANYTIME MENU OPTION	BREADED SHRIMP COCKTAIL SAUCE LEMON SLICE AUGRATIN POTATO BEAN MEDLEY PEACH COBBLER w/ WHIP TOPPING <u>ALTERNATE ITEMS:</u> CHICKEN BREAST CORN ANYTIME MENU OPTION	GARLIC PARMESAN BAKED CHICKEN PASTA W/ MARINARA TOSS SALAD GARLIC TOAST RHUBARB BAR <u>ALTERNATE ITEMS:</u> VEGETABLE LASAGNA CARROTS ANYTIME MENU OPTION
D I N N E R	MUSHROOM SWISS BURGER on BUN SWEET POTATO - FRIES FRUITED JELLO <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	TURKEY & PROVOLONE- on RYE BREAD PARMESEAN-GREEN PEPPER PASTA SALAD MANDARIN ORANGES <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	CREAMY TOMATO- SAUSAGE TORTELLINI SOUP FRESH BAKED BREAD BANANA MOUSSE <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM TATOR TOT CASSEROLE BLUEBERRY MUFFIN CHOC MARBLE ICE- CREAM CUP <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	BREADED CHICKEN ON A BUN LETTUCE/TOMATO CREAMY CUCUMBER SALAD LEMON SUGAR COOKIE <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	BACON QUICHE FRIED POTATOES FRESH FRUIT W/COTTAGE CHEESE BOMB POP <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	CABBAGE AND BEEF SOUP BUTTERED RICE BUTTERSCOTCH PUDDING <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION

MENU SUBJECT TO CHANGE

*HM: HOMEMADE

AVERAGE DAILY MENU: 2-4 gm SODIUM/DAY 45-60 gm CARBS/MEAL