



August 16th – August 22nd, 2026

	SUNDAY 16 TH	MONDAY 17 TH	TUESDAY 18 TH	WEDNESDAY 19 TH	THURSDAY 20 TH	FRIDAY 21 ST	SATURDAY 22 ND
B R E A K F A S T	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT
L U N C H	CHICKEN DRUMSTICK MAC AND CHEESE GREEN BEANS PIE <u>ALTERNATE ITEMS:</u> FISH LIMA BEANS ANYTIME MENU OPTION	TURKEY TETRAZINNI BUTTERED PEAS DINNER ROLL STRAWBERRY JELLO POKE CAKE <u>ALTERNATE ITEMS:</u> MEATBALLS W/ MARINARA BABY BEETS ANYTIME MENU OPTION	*HM MEATLOAF MASH POTATO W/ GRAVY BUTTERED CORN BROWNIES <u>ALTERNATE ITEMS:</u> PORK FRITTER CARROTS ANYTIME MENU OPTION	ROASTED TURKEY STUFFING YAMS BANANA BREAD CAKE <u>ALTERNATE ITEMS:</u> BEEF TENDERKNIT RED CABBAGE ANYTIME MENU OPTION	SWISS STEAK AND PEPPERS STEWED TOMATOES RICE PILAF CARAMEL APPLE CHEESECAKE <u>ALTERNATE ITEMS:</u> SHRIMP MIXED VEG ANYTIME MENU OPTION	CRAB CAKES TARTAR/LEMON POTATO MEDLEY CORN SALD KEY LIME PIE <u>ALTERNATE ITEMS:</u> MACARONI & BEEF PEAS ANYTIME MENU OPTION	*HM LASAGNA SIDE SALAD GARLIC BREAD BUTTER PECAN COOKIES <u>ALTERNATE ITEMS:</u> PORK RIBLET WAX BEANS ANYTIME MENU OPTION
D I N N E R	BEEF STEW CRACKERS COTTAGE CHZ W/ FRUIT APPLE STRUDEL <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	GRILLED HAM AND CHZ *HM NAVY BEAN SOUP CINNAMON APPLES <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	BREADED CHICKEN ON BUN TATOR TOTS PICKLE STRAWBERRY ICE CREAM CUP <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	SCALLOPED POTATOES AND HAM CARROTS CHOCOLATE PUDDING <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	CHICKEN & DUMPLING SOUP BUTTERMILK-BISCUIT FRESH FRUIT <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	BBQ PORK ON BUN COLESLAW PICKLE CHIPS ORANGE DREAMSICLE <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	DELI CHICKEN SANDWICH LETTUCE/TOMATO POTATO CHIPS CRANBERRY FLUFF <u>ALTERNATE ITEMS:</u> SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION

MENU SUBJECT TO CHANGE

*HM: HOMEMADE

AVERAGE DAILY MENU: 2-4 gm SODIUM/DAY 45-60 gm CARBS/MEAL