August 30th – September 5th 2026

	SUNDAY 30th	MONDAY 31st	TUESDAY 1st	WEDNESDAY 2nd	THURSDAY 3rd	FRIDAY 4th	SATURDAY 5th
BREAKFAST	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES/PANCAKES SAUSAGE BISCUITS & GRAVY OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT
LUNCH	CHICKEN POT PIE BISCUIT SEASONED CORN BLUEBERRY PIE ALTERNATE ITEMS: PORK TENDERKNIT PEAS ANYTIME MENU OPTION	GLAZED HAM GREEN BEAN CASSEROLE ITALIAN BLEND APPLE COFFEE CAKE ALTERNATE ITEMS: CABBAGE ROLLS MIX VEGGIES ANYTIME MENU OPTION	*HM BEEF STEAK WITH PEPPERS STEAMED RICE DINNER ROLL STRAWB. ANGEL FOOD CAKE/TOPPING ALTERNATE ITEMS: BAKED FISH CREAM STYLE CORN ANYTIME MENU OPTION	BAKED SWISS CHICKEN BUTTERED NOODLES STEWED TOMATOES BANANA BLONDE BAR ALTERNATE ITEMS: BEEF TENDERKNIT BAKED BEANS ANYTIME MENU OPTION	LASAGNA CHEESE ROLLUPS SIDE SALAD GARLIC BREAD WATERMELON ALTERNATE ITEMS: PORK FRITTER BABY CARROTS ANYTIME MENU OPTION	SHRIMP SCAMPI CARROTS BREADSTICK ORANGE BLOSSOM ALTERNATE ITEMS: GRILLED CHICKEN WAX BEANS ANYTIME MENU OPTION	ORANGE CHICKEN WHITE RICE VEGETABLE BLEND SPRING ROLL MINI SUNDAE CONE ALTERNATE ITEMS: BEEF SALISBURY GREEN BEANS ANYTIME MENU OPTION
DINNER	SLICED ROAST BEEF SANDWICH HORSERADISH AOILI DIXIE COLESLAW SUNCHIPS FRUITED JELLO CUP ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM CREAMY POTATO SOUP ½ SEAFOOD SALAD SANDWICH CRACKERS TROPICAL FRUIT ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	BROCCOLI CHEESE SOUP CRACKERS HAM SALAD SANDWICH NILLA WAFERS ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	MEATBALL SUB SANDWICH PARMESEAN – TATOR TOTS CHOCOLATE MOUSSE ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM SHEPARDS PIE BRAN MUFFIN W/ CINNAMON BUTTER ROUND UP PUDDING ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	CLASSIC BLT ON SOURDOUGH POTATO CHIPS COTTAGE CHEESE w/ PEACHES RASP. SHERBET ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	MUSHROOM SWISS BURGER SWEET POTATO PUFF DONUT ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION

MENU SUBJECT TO CHANGE *HM: HOMEMADE AVERAGE DAILY MENU: 2-4 gm SODIUM/DAY 45-60 gm CARBS/MEAL