November 29th – December 5th, 2026

	SUNDAY 29TH	MONDAY 30TH	TUESDAY 1ST	WEDNESDAY 2ND	THURSDAY 3RD	FRIDAY 4TH	SATURDAY 5TH
BREAKFAST	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE/BACON OATMEAL COLD CEREAL TOAST PASTRY FRUIT	EGGS YOUR WAY WAFFLES PANCAKES SAUSAGE OATMEAL COLD CEREAL TOAST PASTRY FRUIT
LUNCH	SALISBURY STEAK MASH POTOES W/ GRAVY CASCADE VEGETABLE PIE ALTERNATE ITEMS: VEGETABLE LASAGNA LIMA BEANS ANYTIME MENU OPTION	*HM TURKEY TETRAZINNI GREEN BEANS DINNER ROLL CHERRY STRUDEL BITES ALTERNATE ITEMS: MEATBALLS W/ MARINARA CABBAGE ANYTIME MENU OPTION	SWEET AND SOUR PORK VEGETABLE RICE ASIAN BLEND EGGROLL CHEESECAKE ALTERNATE ITEMS BREADED CHICKEN CARROTS ANYTIME MENU OPTION	BRAT ON A BUN BAKED BEANS CUCUMBER AND ONION SALAD BANANA BREAD ALTERNATE ITEMS: CHICKEN ALFREDO CORN ANYTIME MENU OPTION	*HM LASAGNA BROCCOLI GARLIC BREAD SNICKERDOODLE COOKIE ALTERNATE ITEMS: SHRIMP MIXED VEG ANYTIME MENU OPTION	GRILLED SALMON LEMON SLICE WILD RICE SUNSHINE CARROT DUTCH APPLE PIE ALTERNATE ITEMS: MACARONI & BEEF PEAS ANYTIME MENU OPTION	ROAST BEEF W/GRAVY REDSKIN MASH POTATO VEGGIE BLEND STRAWBERRY JELLO POKE CAKE ALTERNATE ITEMS: PORK RIBLET WAX BEANS
DINNER	*HM CHICKEN NOODLE SOUP HONEY CORNBREAD STRAWBERRY ICE CREAM CUP ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM SCALLOPED POTATOES & HAM BUTTERED PEAS SMORE'S PUDDING ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	TUNA SALAD SANDWICH POTATO CHIPS FRUIT COCKTAIL ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	*HM BEEF VEGETABLE STEW BISCUIT PEACHES JELLO CUP ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	CHEESY CHICKEN TORTILLA SOUP COTTAGE CHEESE BAKED APPLES ALTERNATE ITEMS SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	PORK ON BUN BBQ SAUCE COLESLAW PICKLE CHIPS PUSHUP ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION	DELI CHICKEN SANDWICH LETTUCE/TOMATO SUNCHIPS CRANBERRY FLUFF ALTERNATE ITEMS: SOUP & SANDWICH SIDE SALAD ANYTIME MENU OPTION

MENU SUBJECT TO CHANGE *HM: HOMEMADE AVERAGE DAILY MENU: 2-4 gm SODIUM/DAY 45-60 gm CARBS/MEAL